The OHNEP Interprofessional Oral Health Faculty Tool Kit

Pediatric Nurse Practitioner Program

CURRICULUM INTEGRATION OF INTERPROFESSIONAL ORAL HEALTH CORE COMPETENCIES:

- Pediatric Health Promotion
- Pediatric Health Assessment
- Pediatric Primary Care
- Resources





INTRODUCTION



The **Oral Health Nursing Education and Practice Program (OHNEP)** is pleased to launch a new edition of the **Interprofessional Oral Health Faculty Tool Kit** to provide you with user-friendly curriculum templates and teaching-learning resources to use when integrating oral health and its links to overall health in your Pediatric Nurse Practitioner (PNP) Program.

Oral health and its links to overall health has been identified as an important population health issue in <u>Oral Health in America: Advances and Challenges</u> (2021). <u>Healthy People 2030</u> (2020). The <u>HRSA Interprofessional Oral Health Core Competencies</u> (2014), <u>NONPF Nurse Practitioner Role Core Competencies</u> (2022), <u>The Essentials: Core Competencies for Professional Nursing Education</u> (AACN, 2021) and the <u>IPEC Core Competencies for Interprofessional Collaborative Practice</u> (2016) provide a framework for the innovative oral health curriculum templates and exciting resources that illustrate how oral health and its links to overall health provide strategies that expose students to interprofessional experiences by integrating oral health "bytes" into courses across the PNP curriculum.

Exciting teaching-learning strategies that take students from **Exposure** to **Immersion** to **Competence** can begin in or out of the classroom, link to simulated or live clinical experiences and involve interprofessional community-based service learning, advocacy and policy initiatives as venues you can easily use to integrate oral health into your existing PNP curriculum. The curriculum templates illustrate how oral health can be integrated into health promotion, health assessment and clinical management courses.

The new edition of the <u>Smiles for Life</u> (2020) interprofessional oral health curriculum provides a robust web-based resource for you to use along with the oral health curriculum template for each course. A good place to begin oral health integration is by transitioning the HEENT component of the history and physical exam to the HEENOT approach. In that way, you and your students will NOT forget about including oral health in patient encounters.

Research evidence continues to reveal an integral relationship between oral and overall health. Chronic diseases managed by Pediatric Nurse Practitioners, such as Diabetes, HPV, Cancer and Behavioral Health conditions, are but a few of the health problems that have oral manifestations that can be treated by PNPs or referred to our dental colleagues. It is important for PNPs on the frontlines of primary care to have the oral health competencies necessary to recognize both normal and abnormal oral conditions and provide gender-affirming care to patients with education, prevention, diagnosis, treatment and referral as needed.

We encourage you and your students to explore the resources in the templates as you "weave" oral health and its links to overall health into your Pediatric Nurse Practitioner Program. If you need additional technical assistance, please feel free to contact us at **OHNEP@nyu.edu**.

PNP Curriculum Integration of Interprofessional Oral Health Competencies in Health Promotion Course

PEDIATRIC HEALTH PROMOTION

HRSA Oral -lealth Competencies: lealth Evaluation. Oral Health Communication

AACN

and Education

Person-centered care, Population health. Interpartnerships, Knowledge for nursing practice, Scholarship for nursing discipline

NONPF

Competencies: Knowledge of Practice. Personcentered care. Population health, Interprofessional collaboration and practice, Technology and information literacy

CONSTRUCTS

1) EXPOSURE: INTRODUCTION

KNOWLEDGE: CHILD-PARENT EDUCATION Goal: Understand importance of oral health in

children Review:

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ASSESSMENT

- Cavity Free Kids: Teething (Appendix 1)
- Healthy Habits for Happy Smiles: Helping Your Baby with Teething Pain (Appendix 2)
- Cavity Free Kids: Lift the Lip (Appendix 3)
- Healthy Habits for Happy Smiles: Getting Fluoride for your Child (Appendix 4)
- Cavity Free Kids (CFK) How to Brush & How to Floss (Appendix 5)

2) IMMERSION: DEVELOPMENT

SKILL/BEHAVIOR

Goal: Demonstrate importance of preventive oral health care in children

- Perform appropriate oral health history of child, including frequency of carb/sugar intake
- Review Cavity Free Kids Tooth Healthy Foods information and handouts
- Develop talking points for engaging parents in anticipatory guidance about pediatric oral health and nutrition

SKILL/BEHAVIOR

parents/caretakers

- Read Cavity Free Kids (CFK) FAQs. Let's Talk Teeth & Let's Set Goals, and other select Home Visiting Resources (Appendices 6-8)
- **Care Practice**
- · Develop talking points for parents and caretakers about the advantages of FV and SDF in promoting oral health and overall health

Goal: Communicate oral health issues to

- Review the Oral Health Tool Kit for Primary
- Practice applying FV and SDF in clinical
- simulation lab

SKILL/BEHAVIOR

Goal: Identify specific oral health issue, concern or problem commonly encountered by parents/caretakers

Gallery on the mobile app

SKILL/BEHAVIOR

Goal: 1) Demonstrate HEENOT competency in oral health history of young children in clinical experience; 2) Advocate for policies that promote good oral health within your community

3) COMPETENCE: ENTRY-TO-PRACTICE

- Cost-Benefit Analysis of Providing Fluoride Varnish in a Pediatric Primary Care Office (Sibley, 2018) Implement an interprofessional clinical rotation with PNP and pediatric DDS/DH students in preschool programs:
- PNP students to demonstrate behavioral management of child to DDS/DH students
- DDS/DH students to demonstrate oral health exam, fluoride varnish and SDF application to PNP students

SKILL/BEHAVIOR

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Goal: Demonstrate HEENOT competency in oral health risk assessment of young children in clinical experience

- Read Putting the Mouth Back in the Head: HEENT to HEENOT (Haber et al., 2015)
- Perform oral health history and physical exam including risk assessment of child
- Present action plan that promotes oral health for children of a specific age group
- · Use motivational interviewing to engage parent/caretaker in adopting one change that promotes child's oral health

SKILL/BEHAVIOR

Goal: 1) Demonstrate HEENOT competency in physical exam of young children in clinical experience; 2) Educate parents/caretakers about children's oral health

- Perform oral examination on pediatric patient in clinical experience, accurately documenting oral health assessment findings
- Engage parents/caretakers in discussing oral health strategies and links between oral health and systemic health

KNOWLEDGE: ORAL-SYSTEMIC CONNECTION

Goal: Understand oral disease and recognize interrelationship between oral and systemic health in children

- Complete Smiles for Life (SFL) Module #1, including Clinical Cases, and submit Certificate of Completion
- New CPT Code Empowers Medical Professionals to Apply Silver Diamine Fluoride (SDF) to Treat Cavities (Businesswire)
- Evidence-Based Dentistry Update on Silver Diamine Fluoride (Crystal & Niederman, 2019)

KNOWLEDGE: ORAL EXAM

Goal: Understand oral exam of children

• Complete Smiles for Life (SFL) Modules #2, 6, 7, including Clinical Cases, and submit Certificates of Completion

- Review Oral Abnormalities in the SFL Photo
- Write oral health advice column in parenting magazine, identifying links between oral health and child's overall health



Smiles for Life: A National Oral Health Curriculum

https://smilesforlifeoralhealth.org

<u>Click here</u> to download materials for implementing modules in a classroom setting.





Smiles for Life: A National Oral Health Curriculum

Recognizing Oral Abnormalities

Download the Smiles for Life Oral Health mobile app to access the Photo Gallery.

PNP Students should find and review the following oral abnormalities:

- Dental caries
- White spots
- Severe caries
- Fluorosis
- Developmental enamel defects
- Healthy teeth
- Iron staining of teeth

- Abscess
- Angular chelitis
- Mucocele
- Eruption hematoma
 - Epstein pearls
- Palate/Mandibular bony tori









Cavity Free Kids: Teething



Pediatric Health Promotion



Healthy Habits for Happy Smiles: Helping Your Baby with Teething Pain

Flealthy Flabits for Flappy Smiles



Helping Your Baby with Teething Pain

I t is exciting to see your baby's first tooth! Baby (primary) teeth begin to come in when your child is about 6 to 10 months old. For some babies, teething hurts. As teeth come in, babies might be cranky or drool more. They might have sore or swollen gums. And they may chew on things.





School readiness begins with health!

Tips for helping your baby with teething

- Check your child's teeth and mouth.
- Rub your baby's gums with a clean finger.
 The rubbing may make your baby's gums feel better.
- Find teething toys that have solid pieces.
 Loose pieces can break off and make your baby choke.
- It is best not to use teething toys that have liquid in them. Your baby could chew a hole into them.
- Don't put any teething toys or necklaces around your baby's neck. And don't pin or clip them to your baby's clothes. The toy could get tangled around your baby's neck and make her choke.

- Give your baby something cool to chew on. Clean, refrigerated spoons, pacifiers, teething rings, and wet washcloths are good choices. Don't put teething rings in the freezer. That makes them too cold for your baby's mouth.
- With your baby seated in a high chair, offer a chunk of frozen banana or plain bagel to chew on. Give your baby the whole piece of food. Don't cut it into small pieces. Keep an eye on your baby when she eats in case she chokes.
- Don't use teething gels or liquids on your baby's gums. They are not safe.



This handout was prepared by the National Center on Early Childhood Health and Wellness under cooperative agreement #9CHC0013 for the U.S. Department of Health and Human Services, Administration for Children and Families, Office of Head Start.

National Center on Early Childhood Health and Weliness. 2016. Healthy Habits for Happy Smiles: Helping Your Baby with Teething Pain. Elik Grove Village, IL: National Center on Early Childhood Health and Weliness.

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Cavity Free Kids: Lift the Lip



Pediatric Health Promotion



Healthy Habits for Happy Smiles: Getting Fluoride for Your Child

Healthy Habits for Happy Smiles



Getting Fluoride for Your Child

luoride is found in nature in soil, plants, and water. Fluoride is safe. Drinking tap (faucet) water with fluoride, brushing with fluoride toothpaste, and having a health professional apply fluoride varnish to the teeth are important ways to make teeth strong and prevent tooth decay.





School readiness begins with health!

Fluoride in Water

- Since most water doesn't have enough natural fluoride to prevent tooth decay, many communities add fluoride to their water supply (tap water) used for drinking and cooking.
- Give your child tap water with fluoride. If you are not sure if your water has enough fluoride, ask your child's dental clinic for help in finding out.
- Some bottled waters contain fluoride, and some do not. Check with the bottled water's manufacturer to ask about the fluoride content of a particular brand.
- If your tap water does not have enough fluoride, ask your dental or medical clinic if your child needs fluoride drops or tablets.

Fluoride Toothpaste

- Brush your child's teeth after breakfast and before bed once the first tooth begins to show.
- Use a child-sized toothbrush with soft bristles and fluoride toothpaste.
- See Healthy Habits for Happy Smiles: Brushing Your Child's Teeth for more information.

Fluoride Varnish

- Fluoride varnish is painted on a child's teeth to prevent or reduce cavities.
- It is not permanent but keeps fluoride on the teeth for several hours.
- Fluoride varnish has a pleasant taste and is well tolerated by children.



his handout was prepared by the National Center on Early Childhood Health and Wellness under cooperative agreement #9CHC0013 for the U.S. Department # Markh and Names Consider Administration for Children and Consider (News of March Start

National Center on Early Childhood Health and Wellness. 2016. Healthy Habits for Happy Smiles: Getting Fluoride for Your Child. Ells Grove Village, IL: National Center on Early Childhood Health and Wellness.

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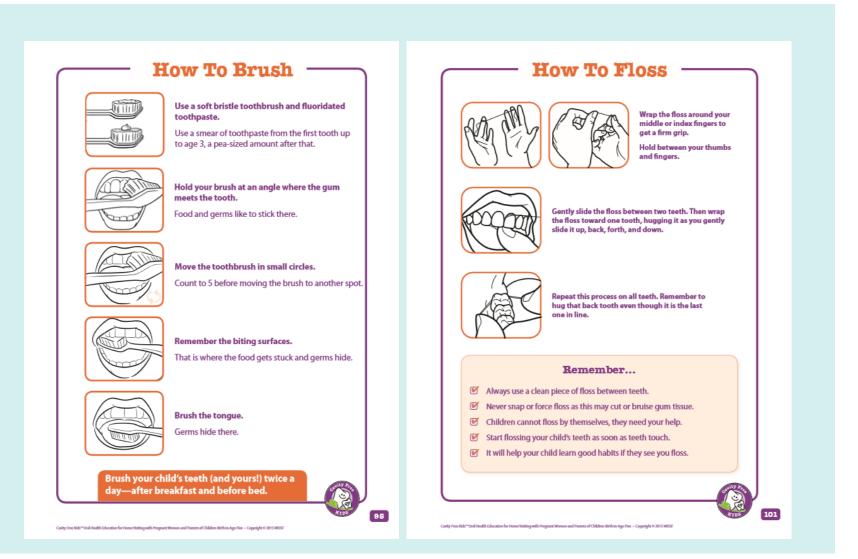




Pediatric Health Promotion



Cavity Free Kids: <u>How to Brush</u> & <u>How to Floss</u>



Pediatric Health Promotion



Cavity Free Kids: FAQ

Family Engagement FAQ

Cavity Free Kids > Family Engagement > Family Engagement FAQ

Q: When should I start brushing baby's teeth?

A: Clean baby's mouth like you clean the rest of her/him—even before teeth come in. Wipe baby's gums and tongue with a clean, moist cloth. When the first teeth come in, brush gently with a soft baby toothbrush, with a smear (rice-sized) amount of fluoride toothpaste.

Q: My baby is teething and is so fussy. What can I do?

A: Teething biscuits or cookies are not good for teeth. Try a cold teething ring or a clean moist cloth.

Q: My grandma told me to dip the baby's pacifier in honey to help him sleep. Honey is a natural sugar, so it won't hurt his/her teeth, will it?

A: Any kind of sugar or sticky food can cause tooth decay. Besides creating a problem for your child's teeth, honey is not recommended for infants because it may contain certain bacteria that could make your child sick.

Q: I only brush my baby's teeth 3 or 4 days each week. The last time I brushed I saw some very white spots on the front of her teeth. Does this mean that her teeth are really healthy?

A: Those white spots may be the beginning stages of tooth decay. When the teeth aren't brushed every day, the cavity-causing germs stay on teeth and can start to destroy the teeth. Check with the dentist right away in order to keep the white spots from developing into cavities.

Q: My mother watches my 18-month-old while I work. She lets my daughter walk around with a bottle of apple juice because it's less messy than a cup. What do I say to my mom?

A: You could use 3 different approaches:

- The "natural" sugar in juice can cause tooth decay. Sipping on sweet drinks covers your child's teeth in cavity-causing
 acids again and again each time she takes a sip. Those repeated "acid attacks" can weaken and destroy her teeth.
- Juice has no nutritional value. Try to serve whole fruits and vegetables since they have more nutrients and are higher
 in fiber which is good for everyone! Between meals, "water is first for thirst." This helps establish a healthy, waterdrinking habit.

Q: My two-year-old likes to eat toothpaste out of the tube. Will this help strengthen his teeth?

A: No. Children should not swallow toothpaste. Toothpaste is for teeth, not tummies. Remember—just a pea-sized amount! Putting the toothpaste on is a grown-up job. Keep toothpaste out of a child's reach.

Q: My two year-old brushes all by himself! We don't need to help him, do we?

A: It is wonderful that your child is showing independence, but two-year-olds do not have the coordination to brush well enough. After your child brushes, you can finish the job. Children need to be supervised and helped with brushing until they are between 6 and 8 years old or can tie their shoes.

Q: Why should I worry about baby teeth?

A: Baby teeth are important! They help children eat foods, form words, and hold space for adult teeth. Healthy baby teeth mean a healthy mouth for the adult teeth.

Q: We use a water filter at our house. Does this take out the fluoride?

A: The faucet or pitcher type filters do not remove fluoride from the water. Whole-house filtration or distilling systems usually remove fluoride. If your system removes the fluoride, check with your dentist or medical provider about giving your child fluoride drops or pills. Bottled water seldom has fluoride. It is better than a soft drink, but does not help strengthen the teeth like water with fluoride does.

Q: I don't know if we have fluoride in our water. How can I find out?

A: Call your water supplier-water company or city utility-to see if there is fluoride in the water.



Pediatric Health Promotion



Cavity Free Kids: <u>Let's Talk Teeth</u> & <u>Let's Set Goals</u>

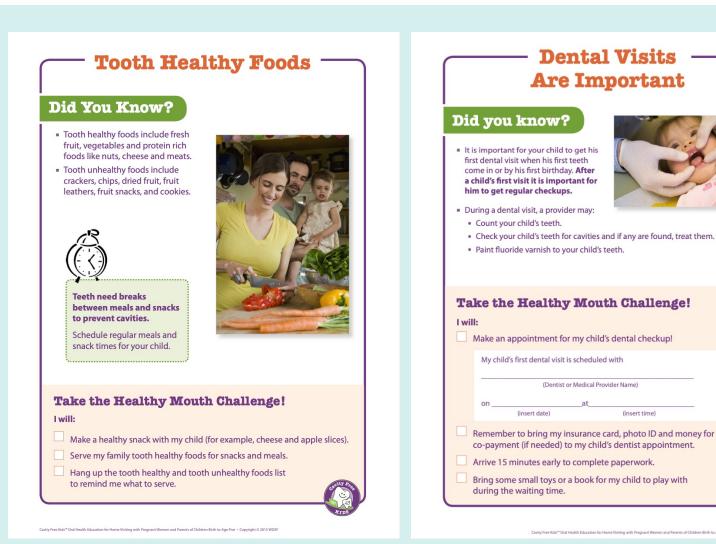
Parent's Name:	Child's Name:	Child's	Age:_		-
	tions about your child: (note: sor developmental stage of your child.)	ne questions may	Yes	No	NA
If your child has teeth, do yo If YES: Times per day	u brush them? Times of day Days per	week			
	ng besides water between meals ar How o				
Does your child go to bed w If YES: What type of drink?	ith a bottle filled with anything bes	des water?			
 Does your child eat between If YES: What does he/she eat? When? (times of day) 					
5. Does your child have a denti					
6. Have you had your child's te If YES: When? By	eth checked by a dentist or medical whom?	provider?			
7. Does your child have cavitie	s or pain in his/her mouth?				
8. Do you have concerns about	t his/her teeth or mouth?				
If you are pregnant, answer th	ne following questions:				
1. Do you brush your teeth?					
2. Do you drink anything but w	Times of day Days per vater between meals and snacks? How ofte				
	How often?				
When? (times of day) 4. Do you have a dentist?	How often?				
5. Have you seen the dentist d	uring your pregnancy?				
6. Do you have cavities or pain					
7. Do you have concerns about If YES: What?					



Pediatric Health Promotion



Cavity Free Kids: More Home Visiting Resources



OHNEP Oral Health Nursing Education and Practice

PNP Curriculum Integration of Interprofessional Oral Health Competencies in Pediatric Health Assessment

PEDIATRIC HEALTH ASSESSMENT

HRSA Oral Health Competencies: Oral Health Risk Assessment, Oral Health Exaluation, Oral Health Preventive Intervention, Communication and Education

AACN Essentials:

Person-centered care, Population health, Interprofessional partnerships, Knowledge for nursing practice, Scholarship for nursing discipline

NONPF

NONPY
Competencies:
Knowledge of
Practice, Personcentered care,
Population health,
Interprofessional
collaboration and
practice, Technology
and information
literacy

CONSTRUCTS

1) EXPOSURE: INTRODUCTION

KNOWLEDGE: INTEGRATING ORAL HEALTH HISTORY AND RISK ASSESSMENT INTO PEDIATRIC ASSESSMENT

Goal: Understand essential information included in the oral health history, physical exam and risk assessment of children

- Review the oral health recommendation in the <u>Recommendations for Preventive Pediatric Health</u> <u>Care</u> (Appendix 1)
- Read <u>Guideline on Caries-risk Assessment and Management for Infants, Children, and Adolescents (AAPD, 2022)</u>

KNOWLEDGE: INTEGRATING ORAL EXAM INTO PEDIATRIC PHYSICAL EXAM

Goal: Understand health issues found in newborns

Read:

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- Effect of Frenotomy on Maternal Breastfeeding Symptoms and the Relationship Between Maternal Symptoms and Problematic Infant Feeding (Hill et al., 2022)
- Speech and Feeding Improvements in Children After Posterior Tongue-Tie Release (Baxter & Hughes, 2018)

KNOWLEDGE: ASSESSING ORAL TRAUMA IN CHILDREN/ADOLESCENTS

Goal: Understand prevention measures and emergency treatment for oral trauma in children/adolescents

- Complete <u>Smiles for Life (SFL)</u> Module #4, including Clinical Cases, and submit Certificate of Completion Read:
- Guidelines for Management of Traumatic Dental Injuries (AAPD, 2020)
- Policy on Prevention of Sports-Related Orofacial Injuries (AAPD, 2018)
- Preventing Injury to Your Child's Mouth (Appendix
 4) & Sometimes Accidents Happen (Appendix 5)

2) IMMERSION: DEVELOPMENT

SKILL/BEHAVIOR

Goal: Demonstrate integration of HEENOT in oral health history, physical exam and risk assessment of children during simulation lab

- Present a comparison of two pediatric risk assessment tools <u>AAP Oral Health Risk</u>
 <u>Assessment Tool</u> (Appendix 2) & <u>ADA Caries</u> Risk Assessment Form 0-6 (Appendix 3)
- After presentations, choose preferred Caries Risk Assessment tool to use in simulation lab

SKILL/BEHAVIOR

Goal: Demonstrate integration of HEENOT in physical exam of newborn, infant, child and adolescent during simulation lab

- Perform complete newborn, infant, child and adolescent oral exam and document any oral abnormalities
- Develop oral health risk reduction tips for parents/caretakers of newborn, infant, child or adolescent

SKILL/BEHAVIOR

Goal: Develop oral sports trauma prevention plan for adolescents

- Complete the Mia Jones Unfolding Case (NLN)
- Choose mouth guard and present its pros and cons in class
- Develop sports oral health safety tips that reduce dental trauma risk for adolescents

3) COMPETENCE: ENTRY-TO-PRACTICE

SKILL/BEHAVIOR

Goal: Demonstrate integration of HEENOT competency in oral health history, physical exam, risk assessment of children in clinical experience

- Review Putting the Mouth Back in the Head: HEENT to HEENOT (Haber et al., 2015)
- Read The Interprofessional Role in Dental Caries Management: Impact of the Nursing Profession in Early Childhood Caries (Haber & Hartnett, 2019)
- Demonstrate integration of HEENOT competency with children, and include mother's oral health history

SKILL/BEHAVIOR

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Goal: Demonstrate Integration of HEENOT competency in physical exam of newborn, infant, child and adolescent in clinical experience

- Demonstrate HEENOT competency in oral exam of newborn, infant, child and adolescent in clinical experience, and include mother's oral health history
- Engage parents/caretakers in discussing oral health risk reduction strategies for newborn, infant, child or adolescent
- Read <u>Bright Futures Guidelines for Health</u>
 <u>Supervision of Infants, Children and Adolescents</u>
 (AAP, 2017)

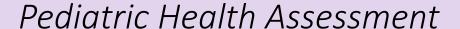
SKILL/BEHAVIOR

Goal: Demonstrate HEENOT competency in oral health history, risk assessments and physical exam in sports physical of adolescents

- Read Mouthguards (ADA Mouth Healthy)
- Engage adolescents in discussing sports oral safety strategies that reduce oral trauma risk
- Use motivational interviewing to engage adolescents into adopting one change to reduce oral trauma risk

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Recommendations for Preventive Pediatric Health Care



Recommendations for Preventive Pediatric Health Care

Bright Futures/American Academy of Pediatrics



Each child and family is unique; therefore, these Recommendations for Preventive Pediatric Health Care are designed for the care of children who are receiving competent parenting, have no manifestations of any important health problems, and are growing and developing in a satisfactory fashion. Developmental, psychosocial, and chronic disease issues for children and adolescents may require frequent counseling and treatment visits separate from preventive care visits. Additional visits also may become necessary if circumstances suggest variations from normal. These recommendations represent a consensus by the American Academy of Pediatrics (AAP) and Bright Futures. The AAP continues to emphasize the great importance of continuity of care in comprehensive health supervision and the need to avoid fragmentation of care.

Refer to the specific guidance by age as listed in the Bright Futures Guidelines (Hagan JF, Shaw JS, Duncan PM, eds. Bright Futures: Guidelines for Health Supervision of Infants, Children, and Adolescents. 4th ed. Elk Grove Village, IL: American Academy of Pediatrics; 2017). The recommendations in this statement do not indicate an exclusive course of treatment or standard of medical care. Variations, taking into account individual circumstances, may be appropriate. Copyright © 2019 by the American Academy of Pediatrics, updated March 2019.

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Pediatric Health Assessment

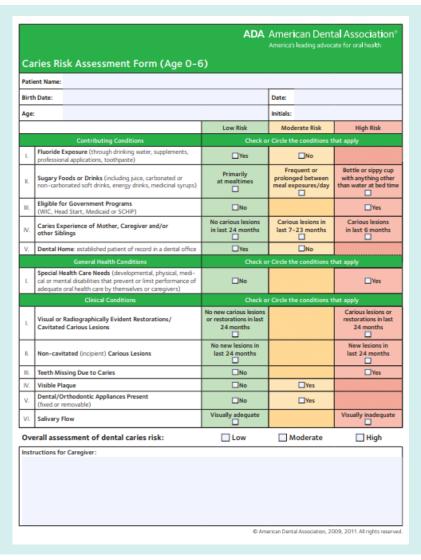
American Academy of Pediatrics Oral Health Risk Assessment Tool

	AP) has developed this tool to aid in the i isits. This tool has been subsequently rev h.	
aregiver's oral health. All other factors he child is at an absolute high risk for c les. In the absence of A risk factors or lased on one or more positive respons	ries risk of the child, however, two risk fac and findings should be documented base aries if any risk factors or clinical findings, clinical findings, the clinician may detern as to other risk factors or clinical findings. actors/clinical findings in determining low	ed on the child. marked with a sign, are documented nine the child is at high risk of caries Answering yes to protective factors
Patient Name: Visit: □6 month □9 month □12 m □4 year □5 year □6 year □0the	Date of Birth: ionth	Date:onth
RISK FACTORS	PROTECTIVE FACTORS	CLINICAL FINDINGS
Mother or primary caregiver had active decay in the past 12 months	Existing dental home Yes No Drinks fluoridated water or takes fluoride supplements Yes No Fluoride varnish in the last 6 months Yes No	Mhite spots or visible decalcifications in the past 12 months
Continual bottle/sippy cup use with fluid other than water Yes No Frequent snacking Yes No Special health care needs Yes No Medicaid eligible Yes No	Has teeth brushed twice daily	Visible plaque accumulation Yes No Gingivitis (swollen/bleeding gums) Yes No Teeth present Yes No Healthy teeth Yes No
	ASSESSMENT/PLAN	
□ Low □ High □ Regula Completed: □ Dental □ Anticipatory Guidance □ Brush	agement Goals: Ir dental visits	☐ Healthy snacks ☐ Less,No junk food or candy Dry cup ☐ No soda ☐ Xylitol



Pediatric Health Assessment

American Dental Association Caries Risk Assessment Form (Age 0-6)



Pediatric Health Assessment



Healthy Habits for Happy Smiles: Preventing Injuries to Your Child's Mouth

Healthy Habits for Happy Smiles



Preventing Injuries to Your Child's Mouth

s a parent, you want to keep your child safe, but you learn that injuries can happen in a moment. Children can injure their mouths when they fall or trip. They can also injure their mouths when they climb on furniture or run with something in their mouth.





School readiness begins with health!

Tips for preventing injuries to your child's mouth-

- Use safety gates at the top and bottom of stairs.
- Put safety locks or latches on cabinets and drawers.
- Cover sharp corners.
- Keep one hand on your child while he is on a changing table.
- When feeding your child, put her in a high chair or booster seat. Remember to buckle the seatbelt.
- Always buckle your child into the car seat in the back seat of a car or truck.
- Pick up toys and keep floors clear so children don't trip and fall.

- Make sure rugs have nonskid pads or backing.
- Watch your child when he is on high places, like playground equipment.
- Put your baby in a front pack while shopping. Or put your child in the shopping cart and use a safety belt. Don't leave your child alone or out of reach in a shopping cart.
- Don't let your child walk or run with anything in her mouth, like sippy cups, popsicles, or toys.

In case of emergency, call your child's dental or medical clinic right away. If you can't reach them, take your child to the emergency room. Give your child's dental and medical clinic phone numbers to others who take care of your child.



This handout was prepared by the National Center on Early Childhood Health and Wellness under cooperative agreement #9CHC0013 for the U.S. Department of Health and Human Services, Administration for Childhen and Families, Office of Head Start.

Michael Centers in July Childhood Health and Wellness and Families, Office of Head Start.

National Center on Early Childhood Health and Wellness.

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Pediatric Health Assessment



Cavity Free Kids: <u>Sometimes Accidents Happen</u>

Sometimes **Accidents Happen** If a baby tooth is knocked out: If your child knocks out a baby tooth, take him and the tooth to the dentist right away. • The tooth cannot be put back in, but the dentist can determine whether any care is needed. If a permanent tooth is knocked out: Pick up the tooth by its biting end (not the root). Do not wash or handle it. Gently rinse it with milk (if available), and place the tooth back in the hole in the gum until you can If the tooth cannot be put back into the hole, place it in a container of cold milk. Take the child and the tooth to the dentist immediately. If a tooth is broken: Save tooth fragments you can find and place them in a cup of milk or water. Rinse the injured tooth and area with warm water to remove dirt and debris. Place a clean, cold compress on the injured area. Take the child and the tooth fragments to the dentist immediately. Take the Healthy Mouth Challenge! I will: Keep my dentist's name and phone number handy in case of an emergency-My dentist's name: My dentist's phone number: __ Office hours:

OHNEP Oral Health Nursing Education and Practice

PNP Curriculum Integration of Interprofessional Oral Health Competencies in Pediatric Primary Care

PEDIATRIC PRIMARY CARE

HRSA Oral Health Competencies: Oral Health Risk Assessment, Oral Health Evaluation, Oral Health Preventive Intervention, Communication

AACN Essent

Essentials:
Person-centered care, Population health, Interprofessional partnerships, Knowledge for nursing practice, Scholarship for nursing discipline

....

NONPF
Competencies:
Knowledge of
Practice, Personcentered care,
Population health,
Interprofessional
collaboration and
practice, Technology
and information
literacy

CONSTRUCTS

1) EXPOSURE: INTRODUCTION

KNOWLEDGE: CHILD WITH DISABILITY Goal: Recognize complications of oral care in

children with disabilities

- Review <u>Smiles for Life (SFL)</u> Modules #1,2,6,7 Read:
- <u>Promoting the Oral Health of Children with</u> Special Health Care Needs (OHRC)
- Who's Responsible for Treating People with Disabilities? All of Us. (Valachovic, 2022)
- Oral Health Status and Treatment Needs for Children with Special Needs (Alkhabuli et al., 2019)

KNOWLEDGE: CHILD WITH CANCER

Goal: Recognize oral manifestations of cancer in children

Read:

ENTRY

ASSESSMENT

- Dental Care for Patients with Childhood Cancers (Ritwik, 2018)
- America, We Need to Invest in Dental Care for all of our Children (Maloney, 2022)

2) IMMERSION: DEVELOPMENT

SKILL/BEHAVIOR

Goal: Develop comprehensive health maintenance services to children with disabilities

- Complete <u>ACE.D Oral Health and Autism</u>
 Spectrum Disorder (NLN)
- Each student choose one <u>behavioral</u> <u>guidance technique</u> for a child with ASD and describe an intervention for the child in the primary care office
- Choose one <u>oral health problem for a child</u> <u>with Cerebral Palsy</u> and plan a nursing intervention integrating oral health

SKILL/BEHAVIOR

Goal: Develop comprehensive health maintenance services to children with cancer

- Collaborate on Discussion Board on case study of child with Acute Leukemia (Appendix 2)
- Develop oral hygiene Talking Points for parents of children who have cancer

COLLABORATIVE CASE PRESENTATION

Goal: Collaborate interprofessionally on a pediatric patient with a disability with oral health care needs

3) COMPETENCE: ENTRY-TO-PRACTICE

- Collaborate with DDS/DH students on developing a management plan for child with an intellectual/ developmental disability and oral health problems (Appendix 1)
- Working as an interprofessional team, identify a plan for overcoming barriers to oral and well-child care for children with disabilities

COLLABORATIVE CASE PRESENTATION

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ASSESSED

Goal: Collaborate interprofessionally on pediatric cancer case with oral health needs

- Collaborate with DDS/DH students on developing an oral health management plan for child with cancer to promote oral health before, during and after cancer treatment
- Collaborate with DDS/DH and medical students on providing oral care for children with cancer in hospitals or community-based clinical settings

KNOWLEDGE: ADOLESCENT WITH STI

Goal: Recognize oral manifestations of STIs in adolescents

Read:

- HPV-Related Papillary Lesions of the Oral Mucosa: A Review (Betz, 2019)
- Cancer (Head and Neck) (ADA)
- Improving HPV Vaccine Confidence: An Interprofessional Challenge (Cipollina, 2022)
- Making the case for interprofessional education and practice collaboration to address rising rates of HPV-associated oropharyngeal cancers (Haber et al., 2022)

SKILL/BEHAVIOR

Goal: Develop comprehensive health maintenance services to children with STIs

- Describe barriers to accepting the need for the HPV vaccine among parents, preadolescents and adolescents
- Following health literacy principles, develop a brochure describing benefits of HPV vaccination for adolescents

COLLABORATIVE CASE PRESENTATION

Goal: Collaborate interprofessionally on pediatric STI case with oral health needs

- Collaborate with DDS/DH students on developing a management plan for adolescent with STIs and oral health problems (Appendix 3)
- Collaborate with DDS/DH students and medical students on caring for adolescents with STIs in clinical experience

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Pediatric Primary Care



Disabilities Case Study

Chief Complaint

Marco is a 5-year-old male diagnosed with autism spectrum disorder at age 2. Marco is non-verbal but communicates non-verbally in a limited way with his parents and teachers. For the past three days, he has been refusing to eat. He has always been very particular about food (only eats white or light-colored foods), but will not even eat foods that he has always enjoyed. His parents are worried that he has not eaten solid food in over 48 hours. He has only been drinking juice and children's protein shakes.

Medications: Risperdal (2mg) for irritability and behavioral outbursts

Family History: Only child, lives with both parents. No family history of food

intolerance or GI problems.

Physical Exam: Alert, irritable, thin

HEENOT Exam: winces during oral exam; brown spots on several upper and lower front

teeth; redness and swelling along left lower lateral gum line

What is the differential?

What is your clinical diagnosis(es)?

What is your treatment plan?

What are your follow-up recommendations?

Pediatric Primary Care



Cancer Case Study

Chantel G., a 5-year-old female, presented with a 2-week history of fever, has blood oozing from her gums when brushing and, this morning, showed her mom a bruise on her arm.

Having stopped taking a regular afternoon nap at age 3, Chantel's mom is surprised to find Chantel asking to lie down in bed after school and notices that she has been falling asleep every afternoon. She is worried because this is not typical behavior for Chantel who is usually very active and energetic and doesn't understand why her gums are oozing blood. She calls the Family Primary Care Practice that takes care of the G. family.

On physical examination, the girl's temperature was 101.3°F. She was pale, tired but interactive. Examination of her mouth revealed inflamed gums and a small amount of fresh blood oozing from the lower lateral gum line. A painless ecchymotic bruise was noted on her R. lower arm.

What is the differential?
What additional assessment data do you need to make a diagnosis?
What is your clinical diagnosis?
What is your treatment plan?
Why is it important to integrate oral health in your treatment plan?
What are your follow-up recommendations and referrals?

Pediatric Primary Care



STI Case Study

Chief Complaint

16 year old female Lisa presents to clinic complaining of hoarseness of voice, sores in mouth

Current Health Status

Lisa has no other health problems.

Immunization: Childhood immunizations UTD, has not had any immunizations since age 6.

Medications: None

Sexual History: Two partners over past year, intermittent condom use.

Family History: Only child, lives with both parents. **Physical Exam:** Alert, oriented, 16 yo old female.

HEENOT - Eyes, Ears, nose and dentition normal. Scattered papillomas on tongue and

pharynx.

Abdomen – soft, nontender

MS - nI

Gyn – No visible lesions – cervical studies pending

Neuro - nl

What else would you like to know?

What is your differential?

What tests will you order?

What is your diagnosis?

What treatment will you prescribe?

Where do you refer patient?

What is your follow-up?

RESOURCES



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OHNEP.org

SmilesforLifeOralHealth.org

National Oral Health Curriculum

MCHOralHealth.org

National Maternal & Child Oral Health

Resource Center

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IPECollaborative.org

Interprofessional Educational

Collaborative

APTRweb.org/?PHLM_15

Oral Health Across Lifespan Module

HealthyPeople.gov

10-year national health goals for

Americans

AAP.org

American Academy of Pediatrics

AAPD.org

American Academy of Pediatric

Dentistry

ECLKC.OHS.ACF.HHS.gov

Head Start Healthy Habits for Happy

Smiles

CavityFreeKids.org

Cavity Free Kids Resources

Layout: IPE.UToronto.ca

University of Toronto's Centre for Interprofessional Education

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