# **Oral Health Matters!** Oral Health Nursing Education and Practice (OHNEP)

Winter Newsletter 2022

## Spotlight: One Hundred Million Mouths Project



The Center for Integration of Primary Care and Oral Health (CIPCOH) has launched the second round of the <u>One</u> <u>Hundred Million Mouths Project</u>. Funded by CareQuest, this unique initiative aims to recruit fifty oral health champions, one in each state, over the next decade. The CIPCOH team will train the champions to recruit at least four health profession schools to become faculty oral health champions by integrating oral health into their curricula to bridge gaps in oral health access. It brings together faculty, administrators and health professionals across the US as oral health champions that pledge to utilize oral health resources and network with other programs and professionals in their area with the shared goal of improving oral health for all.

Led by CIPCOH Co-PI, Hugh Silk, MD, Dr. Haber is an invited member of the One Hundred Million Mouths Advisory Board. This year, she is recruiting and participating in training NP faculty in 8 states to be oral health champions.

Solution Circle: AACN Transform 2021 Conference



The OHNEP team sponsored a Solution Circle at the American Association of Colleges of Nursing (AACN) Transform 2021 Conference on December 3, 2021. Presented by Dr. Judi Haber and Jessamin Cipollina, this presentation addressed how integrating oral health in populations with chronic conditions like Cancer, Diabetes, and Childhood Tooth Decay improves racial and health equity. Each condition provides innovative clinical exemplars about the links between oral health and overall health and for examining the impact of the social determinants of health on vulnerable populations. We dialogued with attendees about the common oral health problems associated with these conditions and how they are accelerated by racial and health disparities.

The new <u>AACN Essentials</u> were used as a framework for demonstrating how oral health and its links to overall health can be operationalized in curriculum content, as well as in live and simulated clinical experiences, to develop entry level and advanced competencies for clinical practice. Nurses, nurse practitioners and midwives on the frontlines of primary and acute care can play a leadership role in integrating oral health into the whole-person care provided to these patient populations to improve racial and health equity.



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**OHNEP Tweetchats** 

...and more!

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Oral Health Nursing Education and Practice (OHNEP)

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Check out our blog All 4 Oral Health!

Latest Articles:

NEW: Sweet Salvation

The Need for the Needle

The Race to Health Equity

Judith Haber, PhD, APRN, FAAN, Editor

> Jessamin Cipollina, MA, Associate Editor

<u>Click here</u> to view and download our slideshow presentation from the OHNEP website.

# Know Your OQ<sup>™</sup> An Exciting Colgate-Palmolive Oral Health Public Health Campaign



You know about IQ and EQ, but do you Know Your OQ™? Learn how oral health is the gateway to wellbeing.

Discover your OQ score: www.KnowYourOQ.com

The Colgate-Palmolive Company has launched a public health initiative, *Know Your OQ*<sup>TM</sup>, to empower health professionals and consumers to understand and improve their oral health quotient (OQ). The initiative promotes compelling information about the global oral health crisis and provides oral health resources for primary care physicians, nurses, and educational leaders, as well as consumers, to improve oral hygiene, encourage healthier habits and promote overall health. Anyone can take the <u>free, interactive assessment</u> to determine their OQ score.

Know Your OQ<sup>™</sup> also promotes groundbreaking evidencebased research studies, product innovation and advancements in health technology, and scholarships that support diversity within the dental profession. The OQ products provide the nursing profession with excellent oral health literacy tools to use with patient populations across the lifespan to improve their OQ by promoting positive oral health lifestyle changes.

<u>Click here</u> to read the full press release from Colgate-Palmolive.

<u>Click here</u> to review the one-page brief highlighting the mission and key information of Know Your  $OQ^{TM}$ .

Healthy Mouths for Moms and Their Babies: How Home Visitors Can Make A Difference

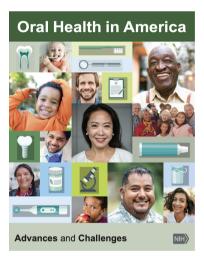


OHNEP is collaborating with <u>Public Health Solutions</u> (PHS) a large NYC not-for-profit organization with a maternal-child health unit specializing in home visitor programs. <u>Nurse</u> <u>Family Partnership</u> (NFP) and <u>Healthy Families America</u> (HF) are the PHS home visiting programs whose clinicians include both Registered Nurses (RN) and Family Health Specialists that work with pregnant mothers and their families. NFP RNs

and HF Family Health Specialists aim to improve health care access and health, education, and social outcomes for mothers and children disproportionately affected by the social determinants of health.

We obtained commitment from the PHS, NFP and HF leadership to implement the *Healthy Mouths for Pregnant Moms and their Babies* quality improvement program. The goals of this program are to assess change in maternal-child oral health knowledge and self-care during and after pregnancy. NFP and HF home visitors and their pregnant clients will be asked to participate in our study by completing baseline, 30- and 90-day surveys about their home visitor and client oral health knowledge and practice behaviors. The *Healthy Mouths* program aims to provide a model to improve maternal-child whole-person care by integrating oral health into home visitor programs with pregnant clients, and then their newborns. The overall aim is to use the data to scale this oral health integration model as a national NFP and HF home visitor standard of care.

### New National Report: Oral Health in America



The National Institutes of Health (NIH) and National Institute of Dental and Craniofacial Research (NIDCR) has released the new report <u>Oral Health in</u> <u>America: Advances and</u> <u>Challenges</u>. This exciting report is a twenty-year follow-up to the seminal Oral Health in America: A Report of the Surgeon General, published in 2000. A publication relevant for all health professionals, it recognizes the signature initiatives and efforts of the past two decade in improving oral

health science, education, and clinical care across the lifespan.

Of particular interest to our OHNEP team is the chapter on workforce, education, practice and integration that recognizes the importance of accelerating transformation of an integrated health care system in which oral health is integral with overall health. The report reviews futuristic directions and innovative strategies that contribute to preventing and treating oral health problems and their links to overall health conditions. Clearly identified are the current disparities in oral health access and care and recognizes the importance of oral health in improving health equity, thereby improving the overall health of our nation.

### **Tweetchats: Bringing Oral Health to the Twitterverse**

OHNEP is hosting live Tweetchat events to raise awareness about the importance of oral health care in improving and protecting overall health. Led by OHNEP Program Manager, Jessamin Cipollina, our Tweetchats are theme focused and can be joined by interested cohosts. In November, our diabetes and oral health Tweetchat brought together health care experts and organizational leaders for a 30-



minute lively dialogue related to discussion questions posted on our OHNEP Twitter account. Our upcoming Tweetchat will pose questions about oral health and non-ventilator hospital-acquired pneumonia (NVHAP).

These tweetchats build an online conversation about oral health care education and access. Follow us <u>@All4OralHealth</u> to review the discussion questions and responses from previous tweetchats, and stay tuned for our upcoming Oral Health & NVHAP!

#### **Diabetes & Oral Health Care**

November 29, 2021

Many people are unaware of the connections between oral health and diabetes. People at risk for diabetes or who are diabetic are vulnerable to oral health complications, such as periodontitis. There is a relationship between glycemic control and risk for periodontal disease: people with diabetes who have poor blood sugar control are at higher risk for periodontal disease. Conversely, people with periodontal disease have worse metabolic control. Health professionals need to be able to educate their at-risk patients about the oral-systemic connection in diabetes and best oral care practices. This Tweetchat focused on the importance of integrating oral health into screening and assessment of patients with diabetes to prevent the onset of negative oral health side effects, as well as related barriers to care.

#### Next Week! Oral Health & NVHAP

February 28, 2021

NVHAP is the most common hospital-acquired infection in patients that negatively impacts healthcare system quality and cost outcomes. All hospitalized patients are at risk for non-ventilator associated hospital acquired pneumonia (NVHAP), which affects one in every 100 hospitalized patients. The primary source of pneumonia is aspiration of bacteria present in the oral biofilm that travel to the lungs and cause serious, life-threatening infections. NVHAP causes increased mortality, length of stay, cost, and readmission. Even though it is one of the most common healthcare-associated infections, it is not tracked, reported, or actively prevented by most hospitals. This Tweetchat event aims to increase knowledge about best oral care practices for preventing NVHAP.

### **Publications**

Check out these publications from the past year from the OHNEP team and our oral health champions:

An Underserved Population: Expanding access to care for patients with IDDs

Carol Brzozowski Inside Dentistry, 2022

COVID-19: A Catalyst for Engendering Public Trust in Health Care and Building Back a Better Health Profession Response Santa Fe Group, 2021

Design and outcomes of a nurse practitioner preceptor development program

Hallas, D., Haber, J., Biesecker, B., Hartnett, E., Klar, R.T., Djukic, M., Apold, S., Vetter, M., McMillan, A., Brilliant, M., Baldyga, J.A., Waingortin, R. & Fletcher, J.

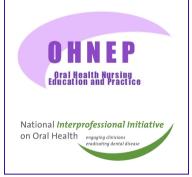
Journal of American Association of Nurse Practitioners, 2021

Innovations in Oral Health and Primary Care Integration Primary Care Collaborative, 2021

Making the case for interprofessional education and practice collaboration to address rising rates of HPV-associated oropharyngeal cancers Haber, J., Hartnett, E., Feldman, L., & Cipollina, J. Journal of Dental Education, 2021

Nonventilator hospital-acquired pneumonia: A call to action: Recommendations from the National Organization to Prevent Hospital-Acquired Pneumonia (NOHAP) among nonventilated patients Munro, S.C., Baker, D., Giuliano, K.K., Sullivan, S.C., Haber, J., Jones, B.E., Crist, M.B., Nelson, R.E. Carey, E., Lounsbury, O., Lucatorto, M., Miller, R., Pauley, B. & Klompas M. (2021). Infection Control & Hospital Epidemiology, 2021

<u>Oral Health in America: Advances and Challenges</u> National Institutes of Health, National Institute of Dental and Craniofacial Research, 2021



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